Resident Voices

Friday, March 18, 2016

MATCH Day 2016!

The UCSF Family and Community Medicine Residency Program is thrilled to welcome 15 new superstars to the class of 2019!

Angeli Bueno, Temple University
Maggie Chen, UCLA David Geffen School of Medicine
Josh Connor, UC San Francisco
Ariel Franks, Columbia University
Maddy Grandy, Oregon Health Sciences University
Ryan Huerto, UC San Diego
Kira Levy, UC San Francisco
Na'amah Razon, UC San Francisco
Montida Fleming, Jefferson University
Katie Taylor, Icahn School of Medicine at Mt. Sinai
Ashley Tsang, University of Chicago Pritzker School of Medicine
Van Vu, UCLA David Geffen School of Medicine
Tem Woldeyesus, UC San Francisco
Folashade Wolfe-Modupe, UC San Francisco
Residents' Response to Recent and Recurrent Gun Violence

We are deeply disturbed by the recurrent gun-related violence that has become commonplace in our nation.

Last week, in our own state, fourteen people were killed in a mass shooting. We grieve for those whose lives were ended too soon and for the families that have been torn apart by this horrible tragedy.

In addition to grief at the loss of life and disgust at the senseless violence, we feel obligation. We feel obligated to act to curb violence in all of its forms. As family physicians, we are dedicated to protecting life, to protecting families, and to protecting moments of love and kindness. Violence destroys all of those things and runs counter to everything we value as physicians.

Our greatest fear in times like these is that in reaction to acts of violence, people will respond with more violence. Already, we see people responding with Islamophobic hatred to the revelation that the perpetrators of violence in San Bernadino were Muslim.

We stand in solidarity with everyone who values peace. We stand in solidarity with people of every religion, every race, and every ethnicity. We stand against violence, against simplistic generalizations, against racism, xenophobia, and ignorance.

We stand together, for peace.

As a community of physicians, we call for these specific actions from our leaders, from journalists, and from each of us:

1) We must limit access to guns. Guns do not make us safe. Research has shown that people who own guns are more likely to die of gun violence. Multiple studies have found the same is true on a community, state, and national level: more guns in a community lead to more homicide in that community. We support expanded background checks and wait times for gun ownership.

2) We must avoid the racist and dangerous generalizations that equate extremism with Islam. We must recognize extremism as a category of belief and behavior that is independent of religion. The rising tide of Islamophobia in public discourse in this country is extraordinarily dangerous and has already led to horrific acts of violence against peaceful generous and beloved people. We cannot perpetuate this violence by allowing Islamophobia to grow. Each of us must take responsibility for addressing Islamophobic acts and words whenever we witness them.

3) We join our fellow physicians at Doctors for America and the National Physicians’ Alliance in demanding that Congress lift the ban on federal funding for gun violence research. Gun violence is a public health problem. In order to address it, we must understand it.

The tragedies and violence that fill the news every day do not define us. Every day, as physicians we have the tremendous good fortune to watch love prevail. Every day, on a small scale, we see families come together to support one another. We see children find solace in caring elders. We see communities find strength in unity. We know the power of hope and
love, and so we rely on that power now.

We stand together, for peace.


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**Wednesday, September 30, 2015**

**Resident Authors Newly Adopted AAFP Resolution on Planned Parenthood**

Earlier this year, a political movement to defund Planned Parenthood began to take hold in Congress. Many medical organizations have stepped forward to object to the proposed substantial reduction in funding for women's health services, including cancer screening and birth control. On September 29, 2015, a resolution was passed by the American Academy of Family Physicians to formally oppose the defunding of Planned Parenthood. This historic resolution was authored by Moira Rashid, a third year resident in Family and Community Medicine at UCSF, in consultation with women's health advocates around the country. Dr. Rashid presented the resolution at the 2015 AAFP Congress of Delegates, where after thoughtful discussion, it was adopted as the official position of the AAFP.

The resolution reads:

**ITEM 10 - OPPOSE LEGISLATIVE RESTRICTIONS ON HEALTH CENTERS RECEIVING TITLE X AND MEDICAID FUNDING**

Resolution No. 512 from the California and New York chapters entitled, "Oppose Legislative Restrictions on Health Centers Receiving Title X and Medicaid Funding," the resolved portions are printed below:
RESOLVED, That the American Academy of Family Physicians lobby Congress to oppose legislation that diminishes funding and/or access to preventive and reproductive health services for women and men, and be it further

RESOLVED, That as a matter of policy, the American Academy of Family Physicians support maintaining Medicaid and Title X funding of all providers or clinics that otherwise meet usual standards for eligibility.

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Friday, March 20, 2015

MATCH DAY! FCMRP Announces the Class of 2018!

All across the country today, medical school students are getting notice of their residency match. We are so fortunate to match 15 incredibly talented, diverse and driven new residents who will join our program in June 2015.

Audrey Arai, Boston University
Catalina Cuervo, University of Texas, Southwestern
Maggie Dietrich, UC San Francisco
Teresa Gomez, Northwestern University
Jennifer Karlin, University of Chicago
Kaitlyn Krauss, UC San Francisco
Friday, March 6, 2015

Grand Rounds Reflection: Patient and Provider Rights: Interacting with Law Enforcement in the Healthcare Setting

PGY-2 Resident Lamercie Saint-Hilaire, MD, moderates a Grand Rounds panel on March 5.
Many residents like myself, chose to continue their training at UCSF/SFGH driven by a passion for serving the underserved and a mission towards social justice. Inspired by the Black Lives Matter movement and our very own UCSF medical students who initiated the #whitecoats4blacklives events across the country, multiple residents across the residency programs at UCSF decided to meet to discuss what we can do to contribute to greater social change. When reflecting on our patients' interactions with law enforcement officers, we realized that many of these interactions happen daily, right here at San Francisco General Hospital. Interactions between healthcare providers, patients, and the police brought up legal and ethical questions to which we did not have the answers. We decided that offering educational sessions could help us to educate ourselves as providers and advocates for our patients here at the General.

Multiple residents in the Family & Community Medicine and Internal Medicine programs organized a multidisciplinary grand rounds on March 5th 2015 entitled Patient and Provider Rights: Interacting with Law Enforcement in the Healthcare Setting. This noon conference encompassed a diverse panel including Richard Terry Koch is an attorney at the National Lawyers Guild San Francisco Bay Area chapter, Dr. Critchfield Medical Director of Risk Management at San Francisco General Hospital, and representatives from the Office of Citizen Complaints amongst others. This was accomplished through many meetings, emails and driven residents who recruited the special guests. We were also assisted by Step Up, CIR and the Office of Risk Management. In addition to having a well-rounded panel, we wanted to reach as many residents as possible. To do so, we also coordinated with the chief residents of the respective programs at UCSF to ensure that as many residents as possible would be able to attend. Our goal was realized, it was a packed house. Residents from Family, Internal, Pediatrics, and Emergency medicine, as well as faculty, staff were in attendance. The session was very informative, interactive and well received. Furthermore, it will hopefully serve as a catalyst for an ongoing dialogue on the greater issue of the plethora of inequalities faced by the Black community. We look forward to greater resident participation, more educational sessions and continuing to work with STEP UP in future endeavors.

Lamercie Saint-Hilaire, MD, is a PGY-2 Resident in the UCSF Family & Community Medicine Residency Program at San Francisco General Hospital.

Tuesday, February 10, 2015

***Candlelight vigil in memory of the Chapel Hill shooting victims Deah Barakat, Yusor Mohammad Abu-Salha, and Razan Mohammad Abu-Salha***

Thursday, February 12

6pm
Residents Pen Open Letter About Police Brutality

Written in collaboration with FCM and Internal Medicine residents at San Francisco General Hospital

We, as resident physicians of San Francisco’s public hospital, denounce the grand jury decisions in Ferguson, Missouri to not indict Darren Wilson for the shooting death of Michael Brown and in Staten Island, New York to not indict Daniel Pantaleo for the chokehold death of Eric Garner. The justice system must hold law enforcement agents accountable for officer-related shootings and deaths just as it holds physicians accountable for malpractice. We are deeply saddened that these grand jury systems have failed not only their respective communities but our nation as a whole.

By not indicting Darren Wilson and Daniel Pantaleo, the criminal justice process sends a message that the deaths of Black individuals do not warrant criminal charges. This decision perpetuates a pattern of institutional disregard for the lives of people of color, such as in the cases of Tamir Rice, Akai Gurley, Andy Lopez, Trayvon Martin, Oscar Grant, Fong Lee, Vincent Chin, Ruben Salazar and countless others. It inflames underlying mistrust of law enforcement by communities of color. At San Francisco General Hospital, these communities comprise our patient population, and we treat patients who are victims of these injustices. As doctors, we agree that racial profiling, police brutality, and excessive force is not only a human rights issue but also an issue of public health.

Victims of police brutality and excessive force experience multitudes of injuries and bodily harm, and in these two cases, death. Fear of police harassment and brutality can lead to isolation, depression, anxiety, poor social functioning, and exacerbation of pre-existing illnesses. Black men are incarcerated at more than six times the rate of White men.
Incarceration disrupts families and communities, eliminates sources of income, and leads to poorer health outcomes. When communities do not trust law enforcement to serve and protect, they are less likely to access other institutions, including the healthcare system.

As doctors who are committed to social justice and work daily to ensure the well-being of our patients and their communities, we cannot remain silent. We strongly encourage all healthcare professionals to examine how racism and systemic oppression in the form of profiling, police brutality, and excessive force devastate our patients and their communities. We cannot ignore this public health concern, and we stand in solidarity with the families of Michael Brown and Eric Garner and peaceful protestors nationwide to demand justice and increased accountability of law enforcement.

Your community doctors stand with you.

Danielle Alkov, MD
MD

Julienne Angeles, MD

Suzanne Barakat,

Jessica Beaman, MD
MD

Ignacio Becerra-Licha, MD

Renee Betancourt,

Erica Brode, MD
DO

Marina Cervantes, MD

Steven Chang,

Kimmy Chela, MD

Floria Chi, MD

Triveni DeFries, MD

Angela Echiverri, MD
MD

David English, MD

Emily Guh,

Amanda K. Johnson, MD

Marianna Kong, MD

Vijay Kotecha, MD

Tanya Lagrimas, MD

Jolie LeBlanc, MD

Sky Lee, MD

Alexa Lindley, MD

Rebecca Lindsay, MD

Anna Loeb, MD

Margaret Lowenstein, MD
MD

Emily (Chen-Yuan) Lu, MD

Samali Lubega,

Lena Makaroun, MD
MD

David Margolius, MD

Ken Marriner,

Thomas McBride, MD
MD

M. Kathryn McClellan, MD

Ivel Morales,

David Nguyen, MD

Migdalia Ordonez, MD

Kenneth Payan, MD

Nicole Person-Renell, MD
MD

Moira Rashid, MD

Lindsay Ryan,

Lamercie Saint Hilaire, MD
MD

Aisha Scherr-Williams, MD

Hannah Snyder,
The above statement does not represent the views of San Francisco General Hospital.

References:

- Amnesty International. "USA: Race, Rights, and Police Brutality." 31 August 1999


- Pew Research Center. "King?s Dream Remains an Elusive Goal; Many Americans See Racial Disparities." 22 August 2013


