

THE DEPARTMENT OF
FAMILY & COMMUNITY MEDICINE

UCSF Department of Family and Community Medicine

State of the Department Update

Kevin Grumbach, MD

June 5, 2008



Overview

- News and recognition
- Department history, mission, and scope
- Progress on departmental strategic plan
- Broader environmental context of primary care

Faculty Recognition: Teaching Awards and Nominations

- Academy of Medical Educators Molly Cooke Award for Excellence in Curriculum Development
 - Margo Vener and Beth Wilson
- Academy of Medical Educators Direct Teaching Awards:
 - Kirsten Day-Thomas
 - Sarah Lowenthal
 - Rick McKinney
 - Katie Murphy
 - Susan Runyan
 - Lisa Ward

- UCSF Training in Clinical Research Program's Excellence in Teaching Award
 - Christine Dehlendorf

- Nominees for UCSF Essential Core Teaching Awards
 - Daniel Ciccarone
 - Manjushree Deshpande
 - Shieva Khayam-Bashi
 - Jessica Muller

California Academy of Family Physicians “Family Physician of the Month”

- Ron Labuguen
- Lisa Ward

UCSF Dept of FCM Staff

- Tier Two Award For Outstanding Service
– Kristen Marchi
- “Great People” Awardee
– Alberto Marquez



Faculty Additions

- Adrienne Kassis
- Rick McKinney
- Larry Boly
- Stephen Rao
- Christine Dehlendorf
- Rosalia Mendoza

...And Departures:

- Wendy Buffet
- Manju Deshpande
- Marilyn Skaff

In Memorium: Jack Rodnick



Faculty, Resident & Staff Productivity

- Sandeep Bhuller
- Catherine Cubbin
- Agnes Dela Fuente
- Jennifer Edman
- Jessica Evert
- Ilma Garcia
- Katherine Hsieh
- Melody Lee
- Naomi Lopez-Solano
- Todd May
- Linda Truong



DFCM: History and Mission

- Began as an “autonomous division” over 30 years ago
- Established as a formal department at UCSF in 1987
- UCSF-SFGH FCM Residency Program established in 1971

DFCM Mission Statement

- to educate students and residents in family medicine with an emphasis on meeting the needs of the economically disadvantaged and the medically underserved;
- to advance knowledge in family and community medicine; and
- to develop methods of primary care that are effective, efficient, and accessible to all people.

Scope of DFCEM

- Consistently ranked in top 10 of all US Departments of Family Medicine
- \$29 million annual budget
- ~500 Faculty members
 - 52 core faculty in SF
 - 50 additional part-time faculty, joint appts, non-faculty academics
 - >400 volunteer and affiliated residency faculty
- 41 Residents
- 93 UCSF staff
- >75 clinic staff who are SFDPH or UCSF Medical Center employees

Scope of DFCM: Education

- Extensive medical student education programs
 - Preclinical, clerkships, electives, PRIME, PISCES, Model SFGH, global health, etc
- Core residency at SFGH with 41 residents
- 3 affiliated residencies (Fresno, Salinas, Santa Rosa)
- Research fellowship
- NP, Pharm D education
- Health career pipeline programs

Scope of DFCM: Clinical

- **SFGH**
 - FHC ~40,000 visits
 - UCC ~25,000 visits
 - FM Inpatient Service 1,100 admissions
 - SNF, Prenatal Partnership Program, others
- **UCSF Medical Center**
 - Lakeshore ~21,000 visits + OB
 - Lakeside Senior Medical Center

Scope of DFCEM: Research and Scholarship

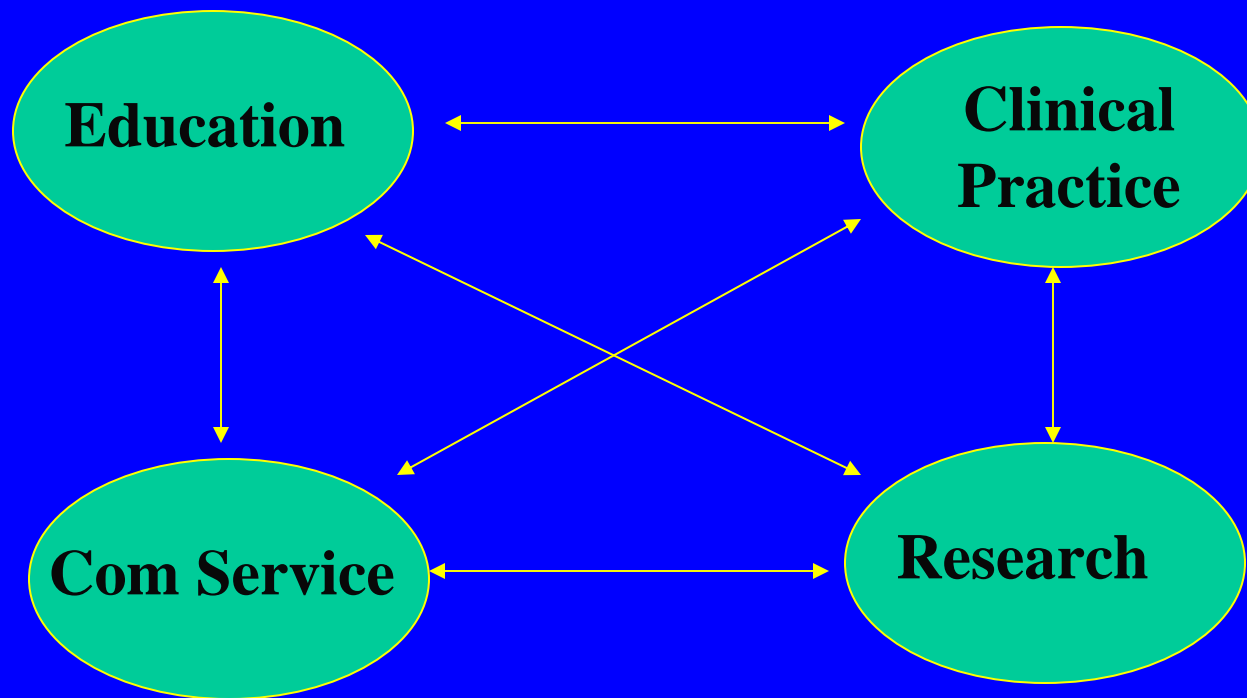
- Diverse portfolio of research programs and projects
- \$8.6 million annually in extramurally funded research grants (2006-07)
- Top 10 for US FM Depts in NIH funding
- Fourth most prolific FM dept in peer-reviewed publications
 - >100 journal articles 2004-2007

Scope of DFCCM: Community Service

- Community Partnership Resource Center
- Correctional Medicine Consultation Network
- National HIV/AIDS Clinicians' Consultation Center
- Pacific AIDS Education and Training Center/I-Tech

We are all making a difference!

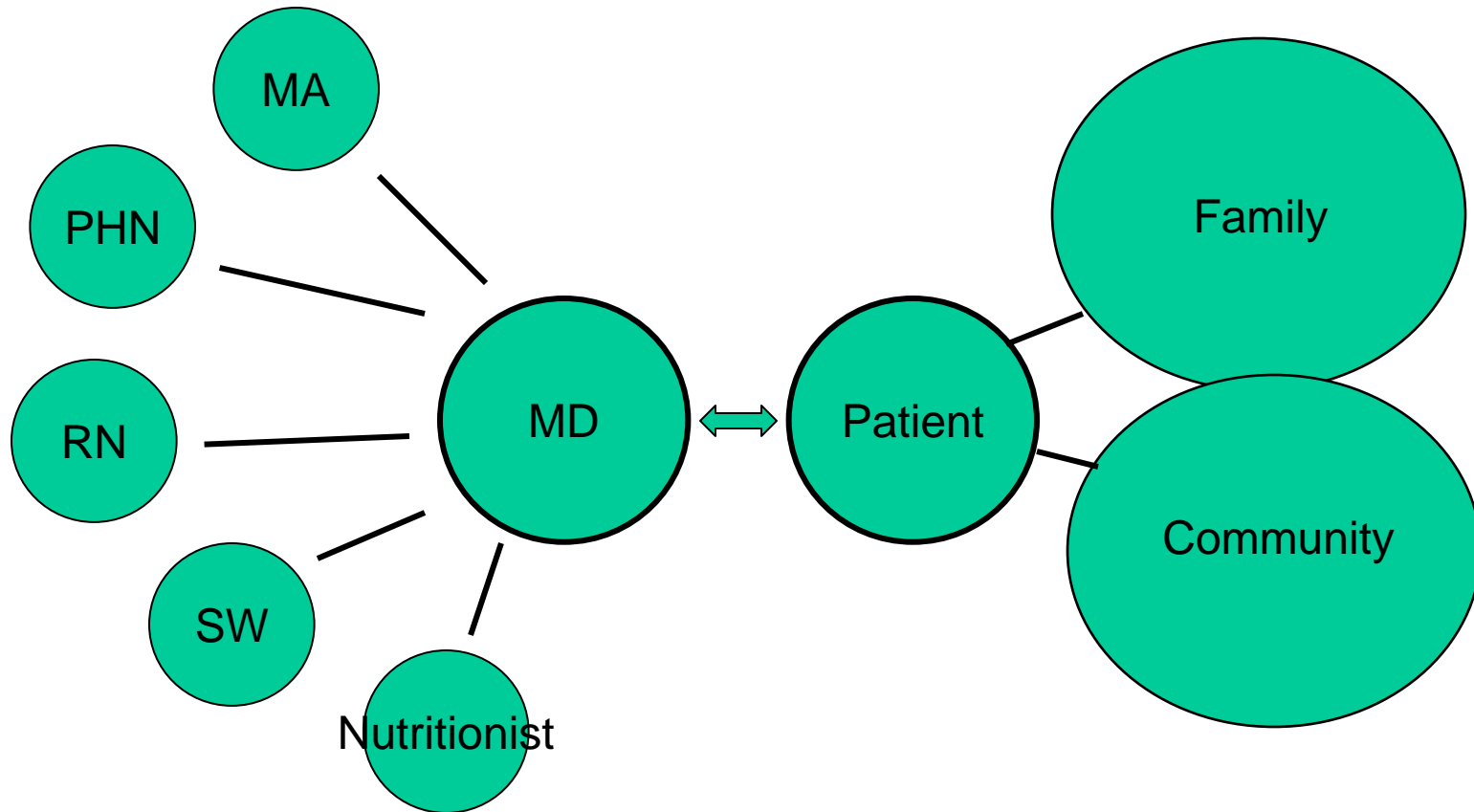
DFCM Synergy



Example: FHC Teamlet Project

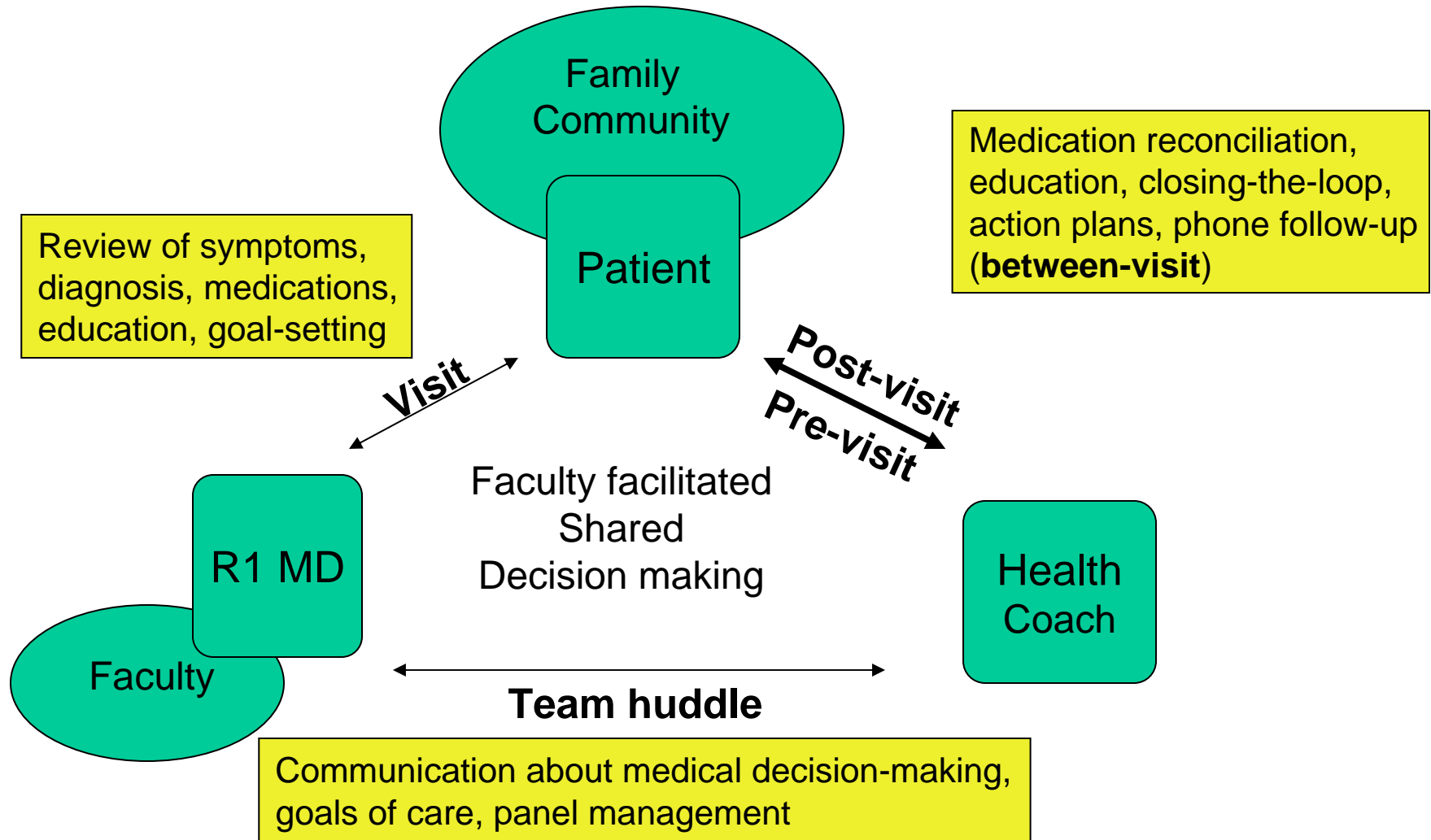


Physician centered Teams



Teamlet Model

Primary care visit



Chronic Care Clinics

- Same day every week
- 13 PGY1s divided into 3 teams
- “Linkage” faculty: 3 on each team
- Health coaches
- Panel managers
- Nutritionist active member of team; PHN
- Patients [15 of 50 patients on PGY1 continuity panels]
- Language concordance as one of the major objectives to improve self-management support and team relationships with our patient population

Teamlets at Work!



Ongoing Evaluation

Measures	Baseline Data (prior to 7/07)	4/08 DM = 122 Non-DM = 70
BP <130/80 for DM and CAD	40.3%	47.5%
BP <140/90 for Others	50.0%	81.4%
LDL <100 for DM and CAD	38.7%	53.3%
LDL <130 for Others	43.3%	65.7%
HbA1c <7	24.6%	34.4%
Self-Management Goal Documented	0%	45.3%

Synergy: Teamlet Project

- Clinical practice innovation & improvement
- Education and training
 - Residents
 - Staff
 - Patients
- Community engagement
- Research

FCM Strategic Planning Priorities

- Improve finances
- Lead innovation in the clinical practice of primary care
- Enhance educational programs
- Create deeper and more meaningful programs in community engagement

FCM Strategic Planning Priorities

- Promote diversity
- Build bridges within the department
- Secure adequate space
- Enhance research and scholarly productivity
- Assert more visible leadership at UCSF
- Promote faculty, resident and staff well-being and professional development

FCM Strategic Planning Priorities: Areas of Good Progress

- Lead innovation in the clinical practice of primary care
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**FCM Strategic Planning Priorities:
Areas of Mixed Progress**

Improve Finances

- Successful grant generation
- Improved SFGH finances
- Challenges:
 - Economics of operating a primary care practice in UCSF Medical Center context
 - Decimation of federal primary care training grant support for core educational programs

Title VII Program Funding

**Cost of Iraq War
to US:**

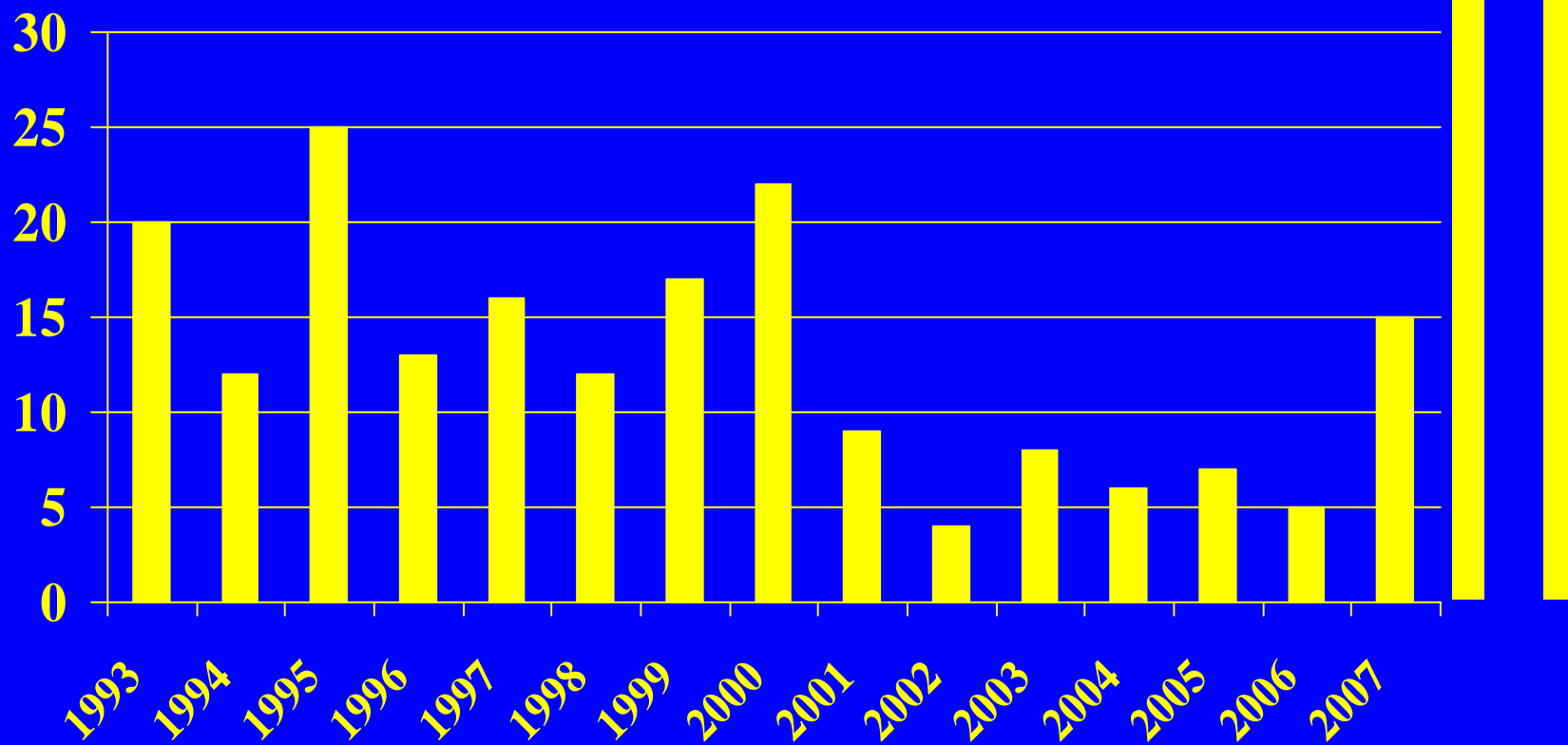
\$275M per day

Program	FY 2005 (\$million)	FY 2006 (\$million)	% Change
Health Care Program (HCP)	\$35.6	\$4.0	-88.9%
Centers of Excellence (COE)	\$33.6	\$11.9	-64.7%
Primary Care	\$88.8	\$41.3	-53.5%

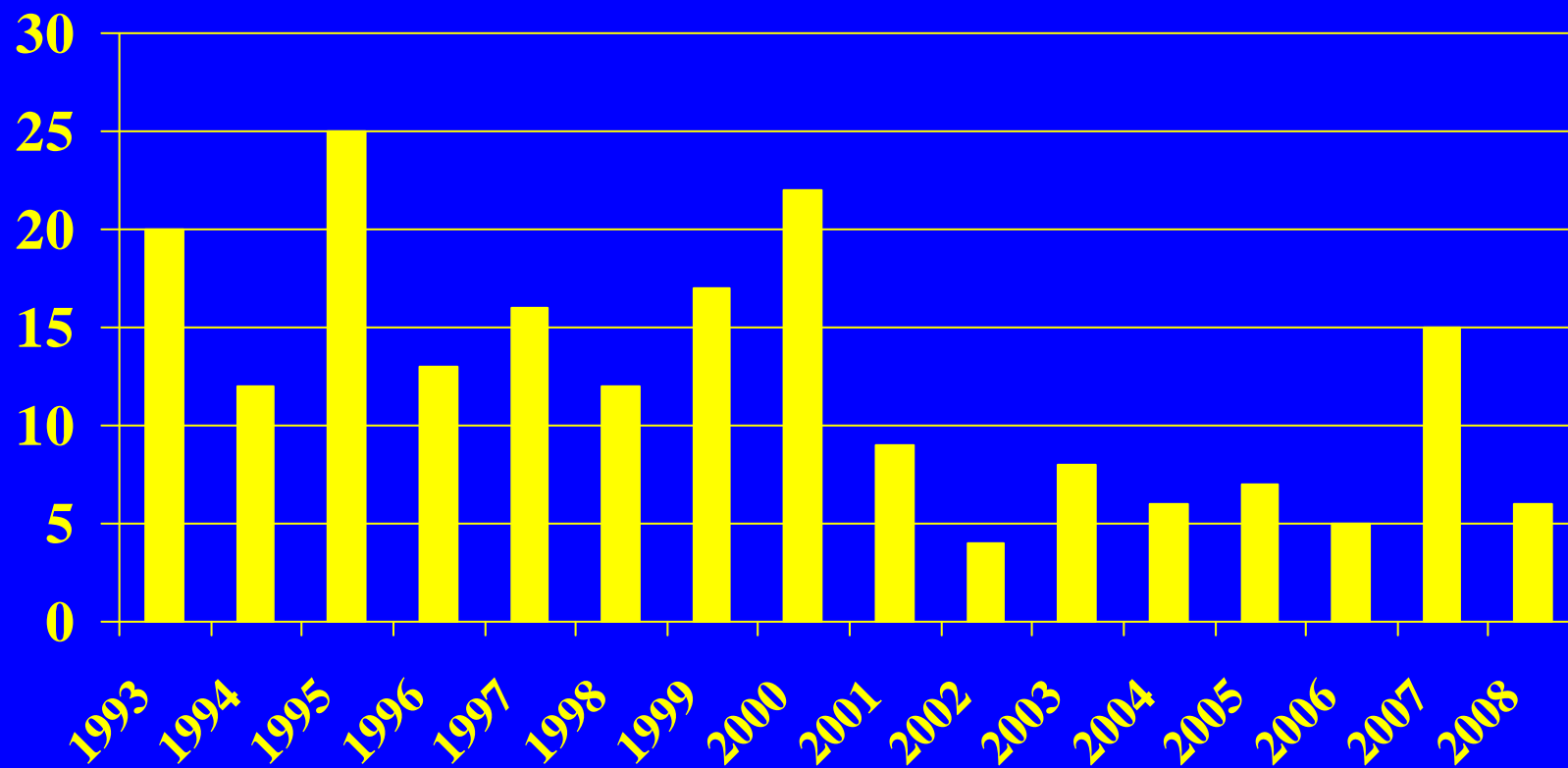
Enhance Educational Programs, with the following priorities

- Predoctoral: increase UCSF medical students' interest in family medicine and the quality of their experience in the FCM 110 clerkship
- Residency: recruit outstanding US medical graduates to the program
- Fellowship: sustain a high quality family medicine research fellowship program

Number of UCSF Graduates Matching in Family Medicine



Number of UCSF Graduates Matching in Family Medicine



Our Residents...

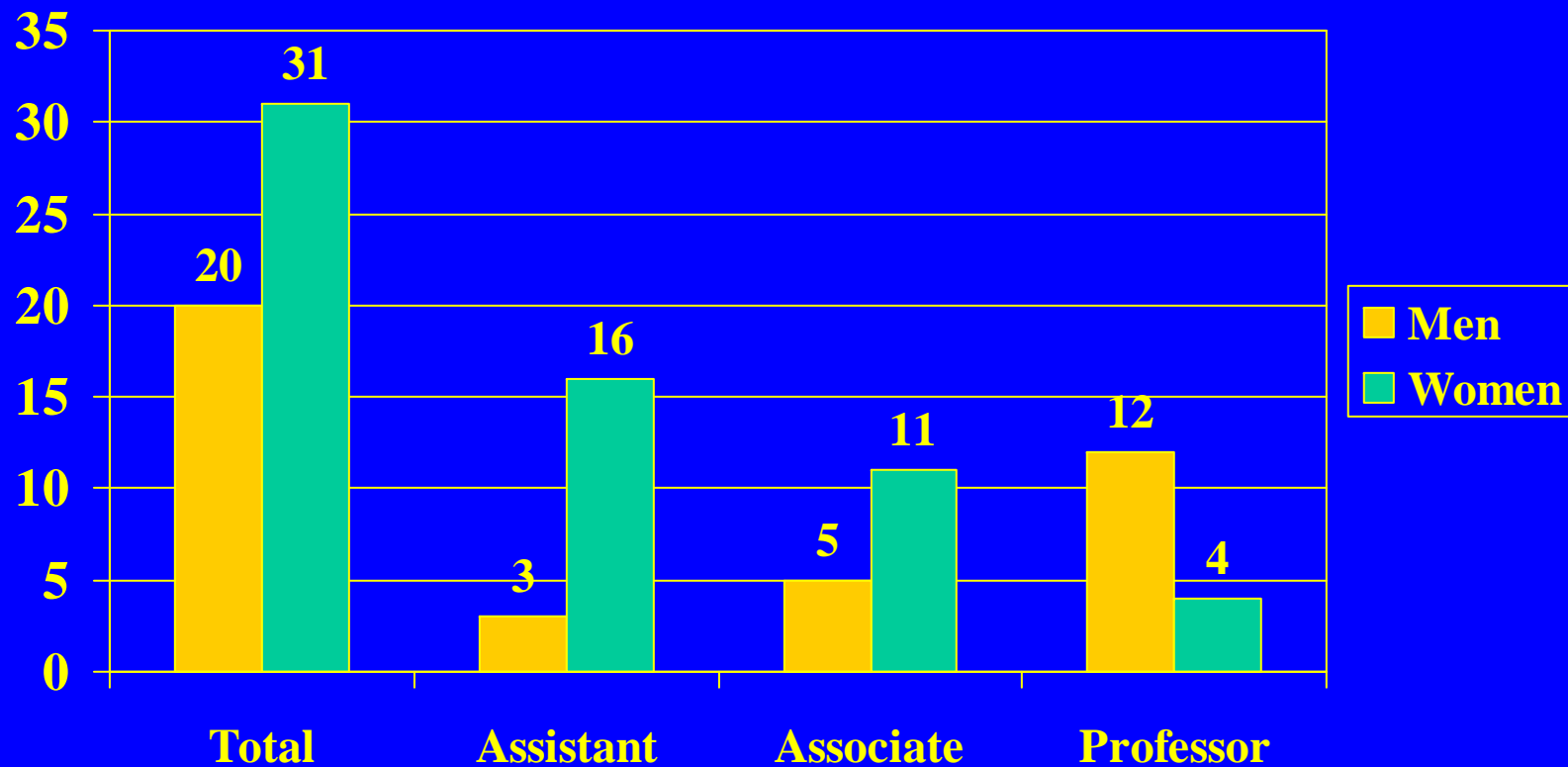


...Our Strength

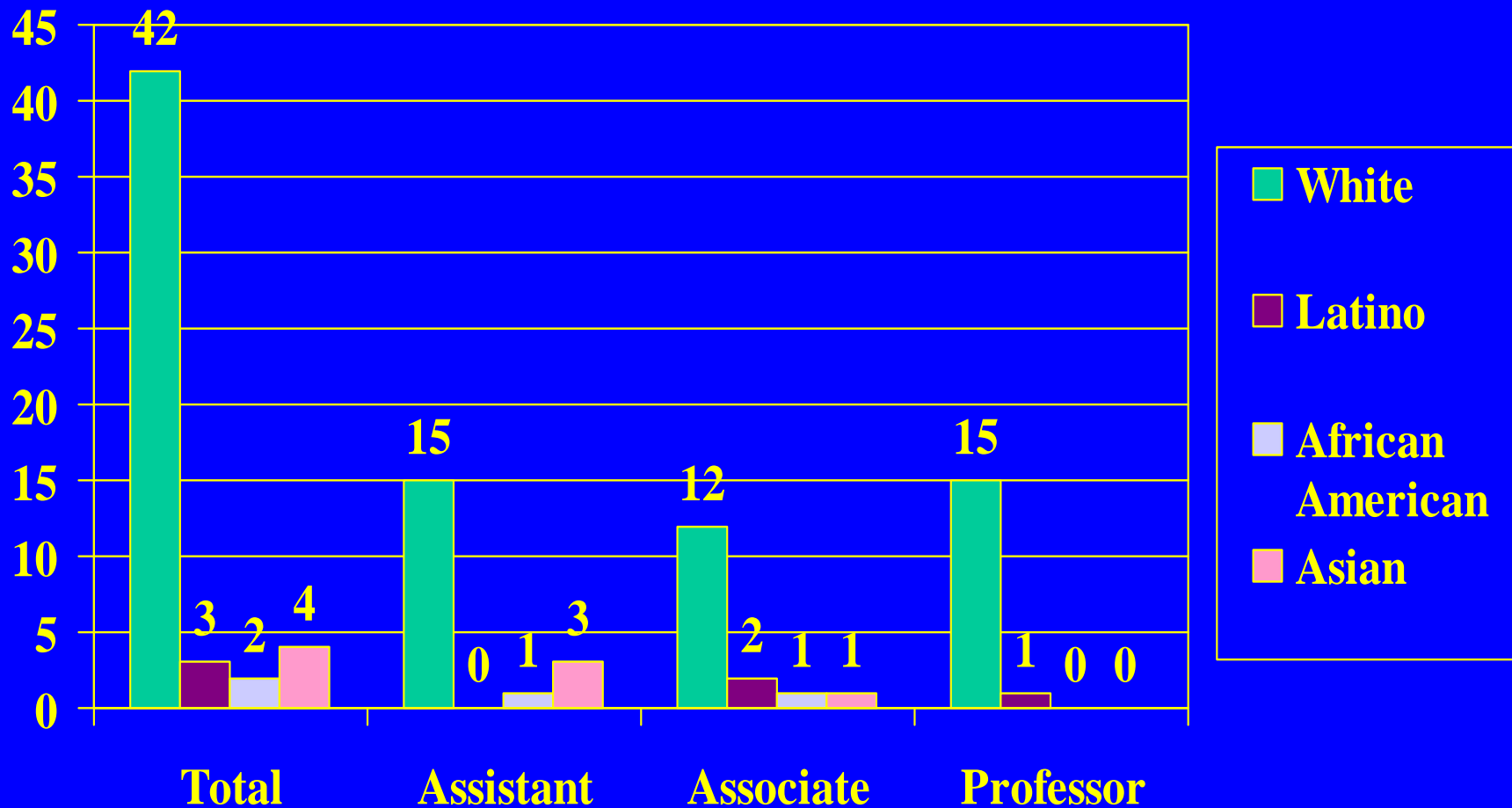
Promoting Diversity



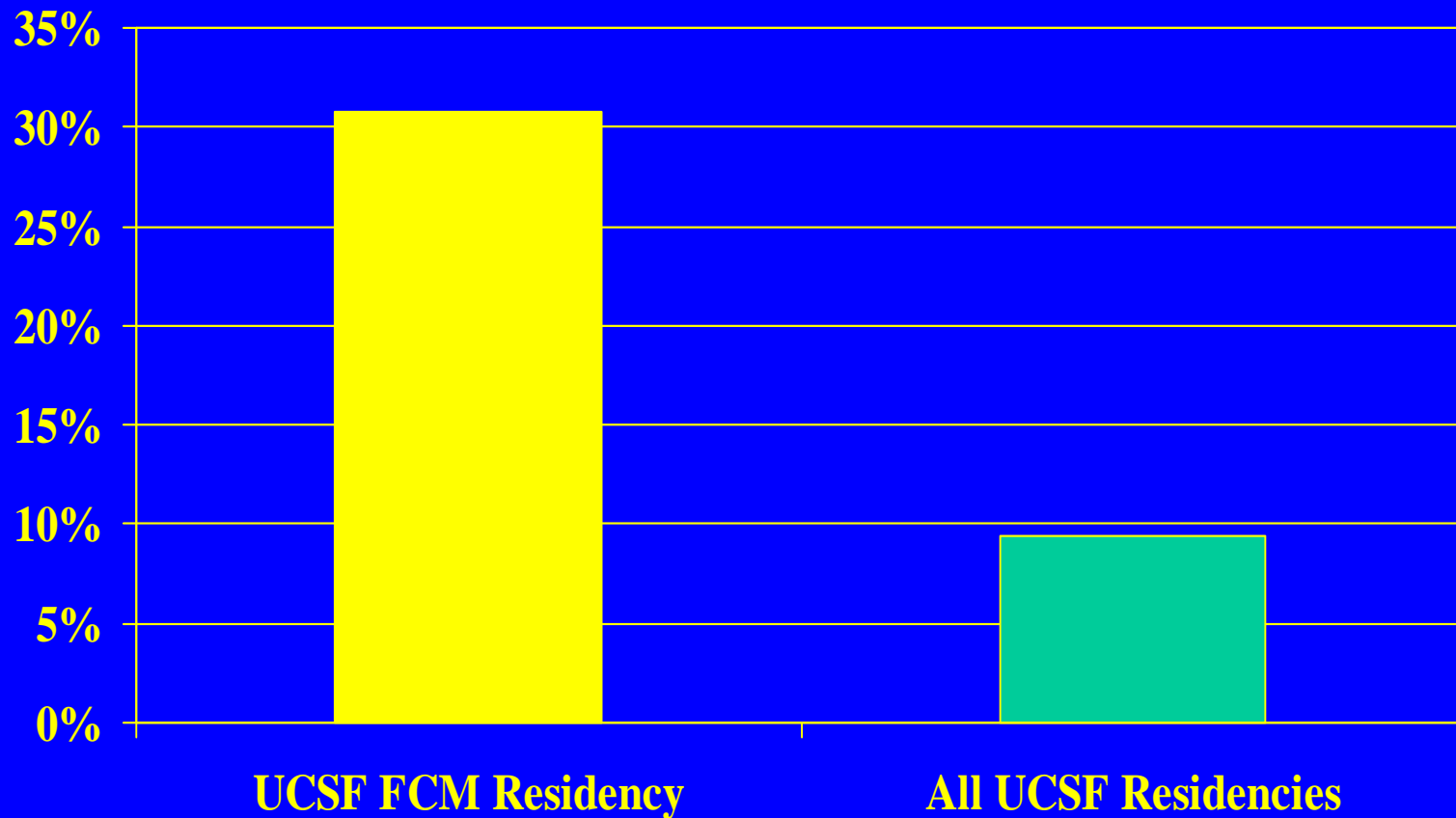
DFCM Core Faculty by Rank and Sex



DFCM Core Faculty by Rank and Race-Ethnicity



Underrepresented Minorities as % of Residency Graduates, 2004-2007



Underrepresented Minorities



%

Staff



Promote faculty, resident & staff well-being & professional development

- Faculty mentoring program
- Resident work hour limits
- Staff training and development
- Parties

- Challenges
 - Meaningful self-care programs and work environment conducive to healthful lifestyles

Secure Adequate Space

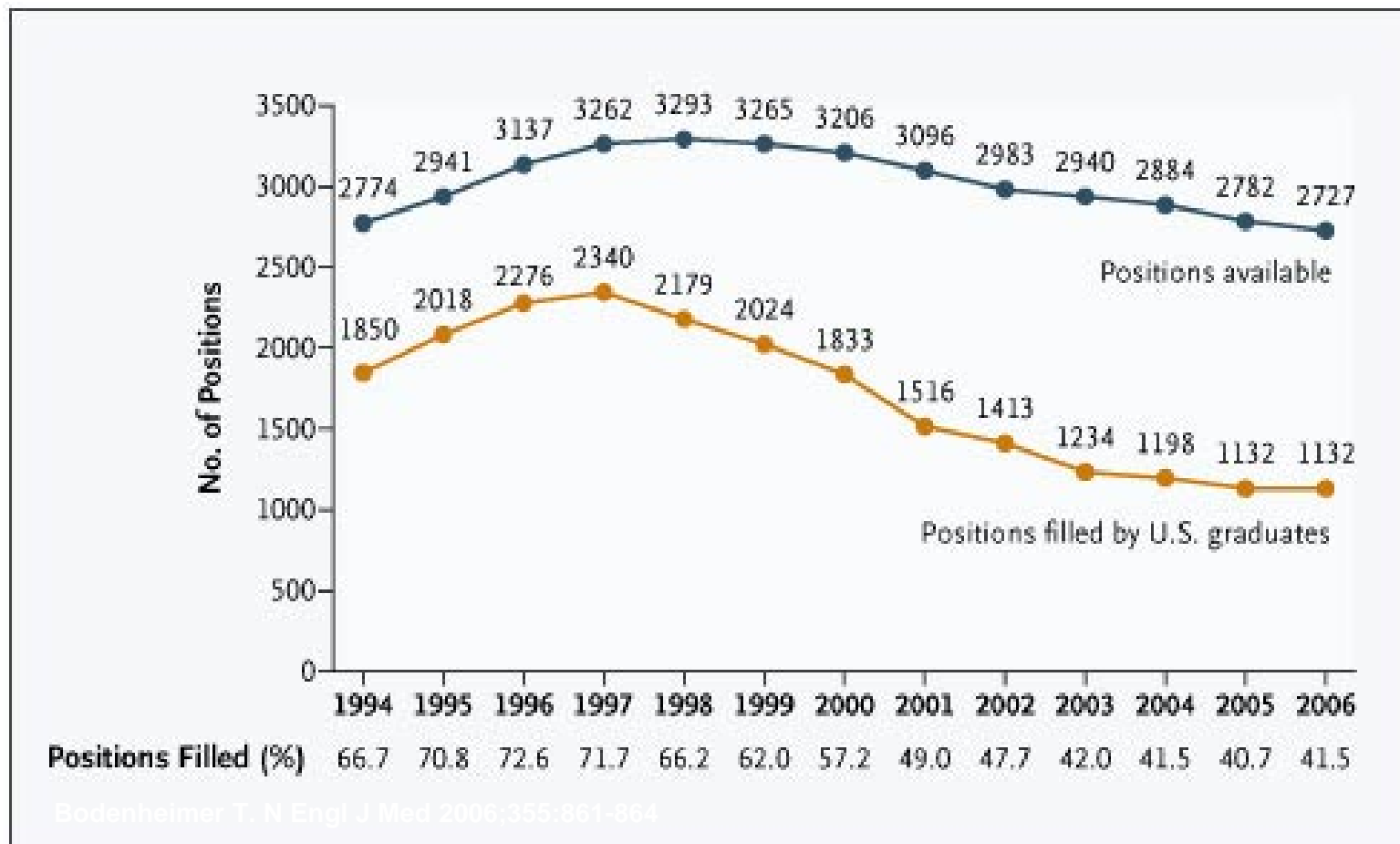
- Ward 22 & Prop 1D funds

The Future of Family Medicine: Renaissance or Relapse?

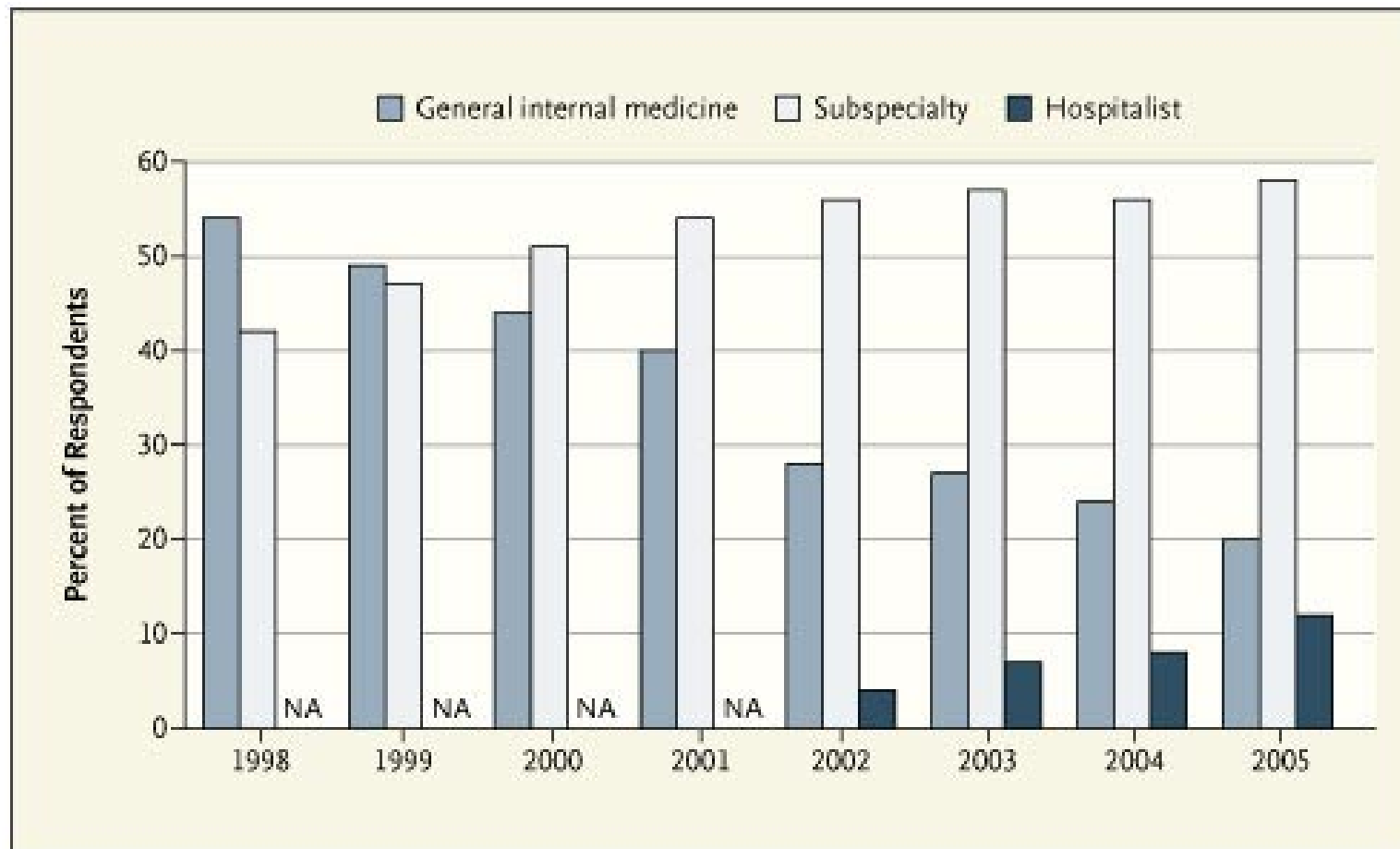
Family and Community Medicine and Primary Care: Historical Challenges in the US

- Undervalued and under-rewarded
- Outmoded practice models and daunting practice demands
- Uncivilized health care system

Family Medicine Residency Positions and Number Filled by U.S. Medical School Graduates



Proportions of Third-Year Internal Medical Residents Choosing Careers as Generalists, Subspecialists, and Hospitalists



Bodenheimer T. N Engl J Med 2006;355:861-864

Is the Pendulum Swinging Back in Our Direction?



The New York Times

April 5, 2008

In Massachusetts, Universal Coverage Strains Care



Dr. Katherine J. Atkinson of Amherst, Mass., has a waiting list for her family practice; she has added 50 patients since November.

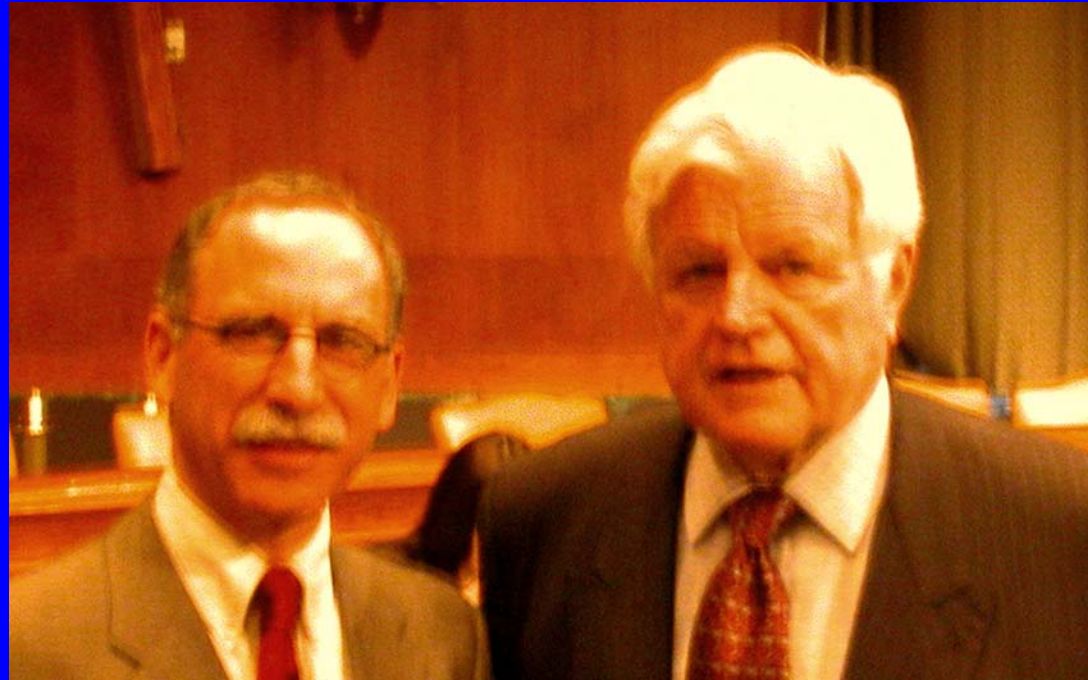


Healthy San Francisco is not insurance, but a reinvention of the San Francisco health care safety net, that will enable and encourage residents to access **primary and preventive care**. It provides a **Medical Home and primary physician** to each program participant, allowing a greater focus on preventive care, as well as specialty care, urgent and emergency care, laboratory, inpatient hospitalization, radiology, and pharmaceuticals.

Healthy San Francisco: Enrollees with FHC as Medical Home as of April 2008

- Total: 1,906
 - No prior visits 527
 - Prior visits 1,379
- 10.7% of total HSF Enrollment
- #1 among all participating HSF clinics in enrollment of patients with no prior visits
- FHC Implemented Evening Clinics in 2007/08

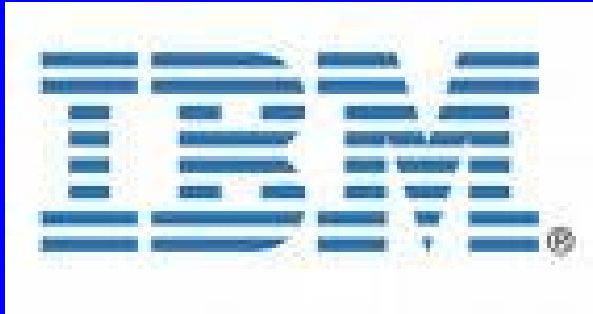
Senate Health Committee Hearing
on Primary Care Workforce:
February, 2008



UCSF Medical Center Strategic Plan and Primary Care



IBM TO BACK NEW ORGANIZATION'S GOAL TO REVOLUTIONIZE HEALTHCARE IN UNITED STATES



*Pledges support, resources in support of the
Patient-Centered Primary Care Collaborative
and its Patient-Centered Medical Home Model*

ARMONK, NY, May 10, 2007 – IBM pledged today that it will dedicate its influence, technologies, services and knowledge base to help a new, emerging consortium of employers, physicians and consumer groups win its fight to revolutionize America's ailing healthcare system. The consortium, called the **Patient-Centered Primary Care Collaborative** (PCPCC), is a coalition originally proposed by IBM in early 2006 dedicated to advancing a new primary-care model called the Patient-Centered Medical Home.

Reason for Optimism ...and Pride

Thank you!