

FCM

Research Newsletter

Issue 9, Volume 1
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News and Notes

Dr. Daniel Ciccarone has received 5 years of NIH funding for his Heroin in Transition (HIT) study. Dr. Ciccarone will lead a multidisciplinary study team seeking to understand the structural risk environment for heroin at the macro-level (e.g., supply chain and market characteristics), the community level (e.g., street drug market dynamics), and at the individual level (e.g., injection practices, beliefs and cultural norms). Dr. Ciccarone's research is further described in his 2014 paper on the relationship between US heroin market dynamics and heroin-related overdose in the journal *Addiction* (109)11:1889-98).

Dr. Nwando Olayiwola received a 15 month award from the Blue Shield of California Foundation to conduct an observational study that will assess the level of understanding and potential interest of patients, families, and caregivers in engaging in an electronic consultation model of specialty care delivery.

Dr. Wolf Mehling has received two study grants, both of which started February 1st 2015. The first is from the UCSF Pepper Center and Tideswell at UCSF for a pilot study of paired integrative home exercise intervention for seniors with dementia and their caregivers. The second is from the Osher Center Sonoma County Foundation which will provide supplemental funds for the same study to include Near-Infrared Spectroscopy (NIRS) measures for prefrontal brain oxygenation during a verbal fluency task as an exploratory secondary outcome measure.

Rachel Willard-Grace and **Dave Thom** received additional \$45,000 from the Moore Foundation to disseminate the health coaching model used in the Health Coaching in Primary Care study. Two sites have been selected to receive in depth training and support: La Clinica in Oakland and Hill Country Community Center in rural Shasta County.

Dr. Nwando Olayiwola and Dr. Thomas Bodenheimer received funding from the California HealthCare Foundation to study and report on the role of the registered nurse in primary care transformation.

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Resource Reminders

A reminder that **small grants (up to \$500)** are available to departmental faculty from the **Chair's Research Support Fund**. You can find a description of the fund and an application form on the G drive by going to G:\Research\Chair's Research Support Fund.

Faculty Senate Travel grants provides up to \$500 to help pay for airfare for new and junior faculty to attend meetings to present important results of original. See: <http://senate.ucsf.edu/0-funding/as-travelgrants.html> or contact Dave Thom.

A list of opportunities for funding community-engagement research is maintained by CTSI and can be accessed at: <http://ctsi.ucsf.edu/funding>.

Updates

UCSF Primary Care Research Fellowship (PCRF)

Unfortunately the family medicine resident we had accepted into the Primary Care Research Fellowship to start in July of 2015, Dr. Alida Gertz, decided to withdraw at the beginning of this year. We were not able to replace her with another family physician, so Dr. Anjana Sharma will continue to bear the torch for family medicine within the fellowship. We are currently recruiting fellows to start in July of 2016. If you know of any family physicians, typically current second year residents, interested in pursuing a research-oriented career, please let Dave Thom know.

Center for Excellence in Primary Care (CEPC)

- Check out the new CEPC website [here](#)!
- The Blue Shield of California Foundation recently awarded CEPC (along with the Center for Innovation in Access and Quality) \$247,000 to better understand the role of patients, their caregivers, and their families in electronic consultation systems. **Dr. Nwando Olayiwola** will lead this research with Dr. Delphine Tuot. Read more [here](#).
- With funding from the Blue Shield of California Foundation, the CEPC has launched the Facilitating Care Integration website for Community Health Centers and other safety net primary care providers seeking strategies and best practices for integrating primary care with components of the medical neighborhood. Check out the website [here](#).
- The CEPC has completed its third annual survey of providers and staff in more than 20 primary care sites across 3 systems in San Francisco. Led by **Dr. Kevin Grumbach**, the System Transformation Evaluation Survey (STEP) monitors provider and staff well-being, their experience of team-based care, and their capability to take on new roles in team-based care models.

San Francisco Bay Collaborative Research Network (SFBayCRN)

Dr. Michael Potter, Director of the SFBayCRN was awarded a \$50K pilot grant from UCSF's Clinical and Translational Science Institute to establish the UCSF Hypertension Data Collaborative to develop a searchable clinical data repository that can accept and integrate de-identified data related to hypertension from the three most common electronic health records systems (Epic, eClinicalworks, and NextGen) and make this data accessible to members of the Collaborative for quality improvement and practice-based research. The Collaborative will initially include the Redwood Community Health Coalition, the Contra Costa Health Services and the San Francisco Health Network. Learn more [here](#).

Upcoming Seminars

January 2015—January 2016

Third Friday of each month, 10:30 am - 12:00 pm

January 16	Validation of a Measure of Back Pain Presenter: Wolf Mehling, MD, Associate Professor Location: Parnassus MU3E, Rooms 314/316
February 20	Impacts of Medical Marijuana on Youth and Young Adults Presenter: Joanne Spetz, PhD, Professor-in-Residence Location: SFGH Building 80, Ward 83
March 20	Health Coaching for Patients with Uncontrolled Cardiovascular Risk Factors: 24 Month Follow-up Results Presenter: Anjana Sharma, MD, Fellow
April 17	Patient Decision-Making with Health Coaches: A Qualitative Study Presenter: David Thom, MD, PhD, MPH SFGH Building 20, Room 2202 (PRIME Conference Room)
May 15	Shorter, Sicker Lives: The US Health Disadvantage Relative to Other Affluent Countries Presenter: Paula Braveman, MD, Professor Parnassus MU3E Rooms 314/316
June 19	A Qualitative Study to Assess the Role of Patients in Electronic Consultation and Referral (eCR) Systems Presenter: J. Nwando Olayiwola, MD, MPH, Assistant Professor SFGH Building 20, Room 2202 (PRIME Conference Room)
September 18	Self-Management Support for Patients with Diabetes Presenter: Danielle Hessler Jones, PhD SFGH Building 20, Room 2202 (PRIME Conference Room)
October 16	TBA Presenter: TBA SFGH Building 20, Room 2202 (PRIME Conference Room)
November 20	Social Care Coordination in Safety Net Pediatric Health Care Settings: RCT Outcomes and Reflections Presenter: Laura Gottlieb, MD, MPH, Assistant Clinical Professor SFGH Building 20, Room 2202 (PRIME Conference Room)
December 18	SFBayCRN Hypertension Collaborative Presenter: Michael Potter, MD, Professor Parnassus MU3E Rooms 314/316
January 15	The Centering Model for Group Medical Visits Presenter: Larissa Duncan, PhD SFGH Building 20, Room 2202 (PRIME Conference Room)

Focus On: Michael Potter, MD, MPH

Mike Potter, MD has been a faculty member in our department since



1994. Dr. Potter is Director of the San Francisco Bay Area Collabo-

orative Research Network (SF Bay CRN), a primary care practice-based research network that provides consultation and leadership to develop mutually beneficial research partnerships between UCSF faculty and community-based clinicians or healthcare organizations.

In his own research, Dr. Potter focuses on the development and evaluation of primary care interventions that increase access to essential preventive services and chronic illness care.

A primary example of his work is a randomized controlled trial that showed rates of colorectal cancer screening were substantially increased when linked to flu shots. Dr. Potter implemented this find in the nationally recognized FLU-FIT and FLU-FOBT Program. Learn more about this program [here](#).

FCM Publications

July 2014 through March 2015

- Craig AD, **Dehlendorf C**, Borrero S, Harper CC, Rocca CH. [Exploring young adults' contraceptive knowledge and attitudes: disparities by race/ethnicity and age](#). Womens Health Issues. 2014 May-Jun;24(3):e281-9.
- Poteat T, Wirtz AL, Radix A, Borquez A, Silva-Santisteban A, **Deutsch MB**, Khan SI, Winter S, Operario D. [HIV risk and preventive interventions in transgender women sex workers](#). Lancet. 2014 385(9964):274-86.
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- Fairman J, **Spetz J**. [Using the lens of history to understand nursing practice and policy: an interview with Julie Fairman](#). Nurs Econ. 2014 May-Jun;32(3):166-9.
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- Seo S, **Spetz J**. [Demand for temporary agency nurses and nursing shortages](#). Inquiry. 2013 Aug;50(3): 216-28.
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- Ghorob A**, **Bodenheimer T**. [Three building blocks for improving access to care](#). Fam Pract Manag. 2013 Sep-Oct;20(5):12-7.
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