State of the Department Update

Kevin Grumbach, MD
Hellman Endowed Professor and Chair
Department of Family & Community Medicine
September 8, 2016
DFCM Mission Statement

• To educate students and residents in family medicine with an emphasis on meeting the needs of the economically disadvantaged and the medically underserved;

• To advance knowledge in family and community medicine; and

• To develop methods of primary care that are effective, efficient, and accessible to all people.
Newly Adopted DFCM Educational Mission Statement

As healthcare clinicians, educators, and researchers, we believe that all people deserve trusting and steady relationships with health professionals who will partner with and advocate for them in the interdependent contexts of their lives. We also value and promote the recruitment of a diverse group of learners and faculty and work to create a learning community of inclusion.
To accomplish this, we strive to foster the ongoing education of health professionals that will prepare them to:

- Forge longitudinal relationships founded on trust, respect, humility and integrity.
- Engage at individual, family, community, healthcare system, and societal levels to improve health.
- Improve health and equity through excellence in advocacy, community empowerment, research, education, and patient care, with an emphasis on people and communities whose resources and opportunities have been historically limited.
- Provide innovative, comprehensive, whole person care that enriches the lives of people of all ages and in all contexts.
Overview of DFCM

• ~$36 million budget 2015-16
  – ~$17M in extramural grants for research and other programs

• ~400 Faculty members
  – 60 core faculty in SF
  – 50+ additional part-time faculty, joint appts, non-faculty academics
  – >300 volunteer and affiliated residency faculty

• 45 Residents + 3 Chief Residents at ZSFG

• 6 Affiliated Community-Based FM Residency Programs
Overview of DFCM

• ~80 UCSF academic staff

• >125 clinic staff who are SFDPH or UCSF Medical Center employees
FCM Executive Council

- Kevin Grumbach (Chair)
- Ron Goldschmidt (Vice-Chair for Academic Affairs)
- Teresa Villela (Vice-Chair, SFGH Chief of Service)
- Connie Yu (Dept Manager)
- Elisabeth Wilson (Vice Chair for Education)
- Dave Thom (Vice Chair for Research)
- Margo Vener (Medical Student Education Director)
- Diana Coffa (Residency Director)
- Katherine Strelkoff (UCSF Health Chief of Service)
- TBD (SFGH Unit Manager)
- Lydia Leung (FHC Medical Director)
- Paula Braveman (Senior Research Faculty)
- Shelley Adler (At Large)
- Christine Dehlendorf (At Large)
- Christine Pecci (At Large)
### Graduate School Search - Medicine Programs

<table>
<thead>
<tr>
<th>School</th>
<th>Research Rank</th>
<th>Specialty Rank</th>
<th>Primary Care Rank</th>
<th>Full-Time Enrollment</th>
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Department of Family & Community Medicine
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<th>Rank</th>
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<tr>
<td>1</td>
<td>Harvard University</td>
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<tr>
<td>2</td>
<td>Stanford University</td>
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<td>UC San Francisco</td>
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<td>University of Michigan - Ann Arbor</td>
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<tr>
<td>5</td>
<td>University of Nebraska Medical Center</td>
</tr>
</tbody>
</table>
US Family Medicine Residency Program Rankings 2015

- UCSF FCM @ SFGH #6
- UCSF FCM Residency Program Affiliates at Santa Rosa and Contra Costa/Martinez also in top 10
Our Fool-Proof Method for Recruitment
Family Medicine ??
Opening of ZSFG
Welcome New Faculty!
Faculty Additions

- Lealah Pollock (ZSFG and UCSF Health)
- Sirisha Mohan (UCSF Primary Care China Basin)
- Erica Brode (Lakeshore)
- Coleen Kivlahan (UCSF Health)
- Maggie Edmunds (ZSFG)
- Ivel Morales (Lakeshore)
- Emily Ritchie (UCSF Primary Care Laurel Village)
- Maddie Deutsch (Transgender Ctr, UCSF Health)
- Coming soon...Nghe Yang (UCSF Primary Care China Basin)
Awards and Recognitions
The Coveted DFCM Homie Awards

Hannah Emple

A few members of the Center on Social Disparities in Health will be traveling this fall for conferences! Will any other FCM colleagues be attending? Let us know!
• UCSF Academy of Medical Educators Excellence in Teaching Awards
  – Claudia Diaz Mooney
  – Sarah GaleWyryck
  – Daniel Pound

• Association of Clinical Faculty, Special Recognition in Teaching Award
  – Matt Symkowick

• Henry J. Kaiser Award for Excellence in Teaching by Volunteer Clinical Faculty
  – Audrey D'Andrea
• Schwartz Center National Compassionate Caregiver of the Year
  – Shieva Khayam-Bashi, 2016 Finalist

• UCSF SOM Essential Core Teaching Awards
  – Inspirational Teaching: Shieva Khayam-Bashi
  – Outstanding Foundations of Patient Care Preceptor: Malaika Scott

• SOM MS4 Coda Lecture: Naomi Wortis
The FCM Trifecta
Beth Wilson

• Association of American Medical Colleges 2015 Arnold P. Gold Foundation Humanism in Medicine Award

• Elected Honorary Faculty member of the UCSF Gold Headed Cane Society

• UCSF SOM Class of 2016 Osler Distinguished Teacher Award
STFM Lynn and Joan Carmichael Recognition Award
-Bill Shore
• UCSF Thomas N. Burbridge Public Service Award
  – Suzanne Barakat
- **UCSF Hellman Family Award for Early-Career Faculty**
  - Jack Chase

- **ZSFG Krevan’s Award for Outstanding First Year Resident (FCM)**
  - Kenji Taylor

- **UCSF Great People Award**
  - Denise De Vore
• UCSF Martin Luther King, Jr Award for Faculty
  – Nwando Olayiwola

• UCSF John Watson Faculty Diversity Award
  – Manuel Tapia
• Colorectal Cancer Coalition California Achievement Award
  – Mike Potter

• Academic Pediatric Association Joel Alpert Public Policy and Advocacy Award
  – Laura Gottlieb
HELLMAN FOUNDATION
INVESTING IN COMMUNITY SOLUTIONS

Hellman Foundation Endowed Professorship in Family and Community Medicine

Department of Family & Community Medicine
FCM Productivity: Babies!

Faculty
• Isabel Lee
• Pooja Mittal

Fellows
• Anjana Sharma

Residents
• Maggie Dietrich
• Josh Connor
• Anna Loeb

ZSFG and UCSF Health Partners
• Janelle Leung (FHC)
• Darlene Cagungun (FHC)
• Sara Sullivan (FHC)
• Carrie Kawamoto (Lakeshore)
Lead.
empower.
Our Values in DFCM

- Whole persons
- Relationships
- Justice
- Context and interdependent systems
- Engagement and empowerment
- Humility
Reflection on Leadership #1

• Being powerful is okay
Medical Directors, UCSF Health PC Practices

- Laura Hill-Sakurai, Lakeshore FM
- Daniel Pound, UCGC
- Kristen Pellegrino, UCSF China Basin
- Mary Martin, UCSF Laurel Village
Canopy Health: Regional Accountable Care Network

Taejoon Ahn, MD
President JMMG
UCSF-SFGH FCM
Residency Alumnus
Reflection on Leadership #2

• Clarity of vision helps
  – Leading transformation of primary care with the 10 Building Blocks of High Performing Primary Care conceptual model
A better system

1. Engaged leadership
2. Data-driven improvement
3. Empowerment
4. Team-based care
5. Patient-team partnership
6. Prompt access to care
7. Continuity of care
8. Population management
9. Comprehensive, needs and care coordination
10. Template of the future

Hint: This is not Nwando’s Presentation
Reflection on Leadership #3

• Leaders must walk the talk
HRSA Grant to FCM for Primary Care Residency Transformation

A Team-Based Approach to Primary Care
FHC and RFPC Practice
Transformation Alignment: Access

Consistent Day of the Week for Residents’ Continuity Clinic

True North
- Care Experience
- Quality
- Safety
Equity Essential to Quality

Kevin Grumbach’s Panel Report

![Chart showing percentage of HTN control for African-Americans with SFHN Goal = 60%]

Pts required to meet goal: 1

0-50% 50-60% 60-100%

40.0%

HTN Control African-Americans
SFHN GOAL = 60%
Timely Colorectal Cancer Screening - FY 2016

Lakeshore
Lakeshore  Timely Colorectal Cancer Screening - February 2016

²Ambulatory Quality and Safety, Monthly Departmental Summary – Mar 2, 2016
Ensuring timely clinic follow up after discharge from FMIS@ZSFG
Reflection on Leadership #4

• Everyone is a leader
Going Lean: Lakeshore Gemba
Reflection on Leadership #5

• Leading means knowing when to follow
Leadership in
Human Rights and Civil Rights
UCSF Teach-In Spurs Powerful Dialogue on Injustice and Health

By Lisa Cisneros on February 29, 2016

President Obama Visits Mosque

FEB 10, 2016

President Barak Obama visited a mosque for the first time in his presidency. He was joined by Dr. Suzanne Barakat, Family Medicine Resident at SFGH. Click here to view his speech.
UCSF Differences Matter Initiative

• Board of Directors
  – Shelley Adler
  – Kevin Grumbach
  – Michael Reyes
  – Connie Yu

• Work Group Leaders
  – Nwando Olayiwola
  – Beth Wilson
Black History Month 2016: Reflecting on the Impact of Race

Lamercie Saint-Hilaire, MD, resident physician: "Structural racism and unconscious bias still exists today in our health care, economic, educational and criminal justice system."

Department of Family & Community Medicine
Reflection on Leadership #6

• Leadership takes courage
Coleen Kivlahan: Training in Asylum & Victims of Torture Medicine
Reflection on Leadership #7

• Leadership means stepping up to respond to the need
“Medicine Responds to Addiction”

White House Symposium

Learn more about

the Obama Administration’s recent action to address the opioid crisis
• Integrated buprenorphine waiver training for all R2s into the core curriculum
• Began providing buprenorphine inductions on inpatient service for opioid dependence treatment
Leadership in Addiction Medicine

You are here: Home > Clinical Resources > Substance Use Resources

Substance Use Resources

NEW: Clinical substance use consultation and resources

The CCC offers free and confidential clinician-to-clinician telephone consultation focusing on substance use evaluation and management for primary care clinicians through the Substance Use Warmline at (855) 300-3595. Consultation is available Monday through Friday, between 10 a.m. and 6 p.m. EST, from addiction medicine-certified physicians, clinical pharmacists, and nurses with special expertise in pharmacotherapy options for opioid use. Voicemail is available 24-hours a day.

Dan Ciccarone
• Consultant to The Office of National Drug Control Policy and CDC
Reflection on Leadership #8

• Leaders empower others
Health Coaching: From Research to Practice

CEPC Training All UCSF First Year Medical Students in Health Coaching

Health Coaching by Medical Assistants to Improve Control of Diabetes, Hypertension, and Hyperlipidemia in Low-Income Patients: A Randomized Controlled Trial

Rachel Willard-Grace, MPH, Ellen H. Chen, MD, Danielle Hessler, PhD, MS, Denise DeVore, Camille Prado, Thomas Bodenheimer, MD, MPH, and David H. Thom, MD, PhD
Empowering Patients as Partners in Practice Transformation

Patient Advisory Councils: Giving Patients a Seat at the Table

This model can make patients true partners in improving care for themselves and others.

Anjana E. Sharma, MD, Lucia Angel, and Quynh Bui, MD
Empowering Woman-Centered Contraception

American Journal of Obstetrics and Gynecology
Volume 215, Issue 1, July 2016, Pages 78.e1–78.e9

Original Research
Association of the quality of interpersonal care during family planning counseling with contraceptive use

Preliminary analysis of this data was presented at the North American Forum on Family Planning, Denver, CO, in October, 2012.
Christine Dehle, MD\textsuperscript{a}. \cdot \textsuperscript{a} J. T. Henderson, PhD\textsuperscript{c}, Eric Vittinghoff, PhD\textsuperscript{d}, Kevin Grumbach, MD\textsuperscript{b}, Kira Levy\textsuperscript{b}, Julie Schmitt-diel, PhD\textsuperscript{d}, Jennifer Lee, BS\textsuperscript{b}, Dean Schillinger, MD\textsuperscript{b}, Jody Steinauer, MD\textsuperscript{g}

Department of Family & Community Medicine
Commentary

Providing Family Planning Care in the Context of Zika: A Toolkit for Providers from the U.S. Office of Population Affairs

Christine Dehlendorfa, Loretta Gavinb, Susan Moskoskyb

Received date: 23 August 2016
Revised date: 24 August 2016
Accepted date: 24 August 2016
Long-Acting Contraception Makes Teen Pregnancy Rates Plummet. So Why Are Some Women Still Skeptical?

The history of birth control in America is littered with instances of coercion. Reproductive-justice advocates don’t want to see that happen again.
Transgender and Searching for Good Health Care

First step for providers: Ask patients whether they prefer ‘he’ or ‘she.’

By Lisa Esposito | Staff Writer | Sept. 30, 2015, at 12:04 p.m.

Dr. Madeline Deutsch, an assistant clinical professor at the University of California, San Francisco and director of clinical services at the Transgender Health, say trans patients face the same mental health conditions that cisgender individuals do. They need doctors who can empathize with them. If they think their doctor is not going to treat them with respect, they won’t seek care.
Empowering Persons with Disabilities

Office of Developmental Primary Care
Improving outcomes for people with developmental disabilities

About Us ▼ Clinical Educators Clinicians Researchers Self-Advocates

Who We Are

The Office of Developmental Primary Care is a program within the Department of Family and Community Medicine.

Department of Family & Community Medicine
Empowering Youth
Student Urban Health Leadership Academy
Lead.

empower.
Thank you!

You all are the Department of Family and Community Medicine