News and Notes

**Dr. Daniel Ciccarone** has received 5 years of NIH funding for his Heroin in Transition (HIT) study. Dr. Ciccarone will lead a multidisciplinary study team seeking to understand the structural risk environment for heroin at the macro-level (e.g., supply chain and market characteristics), the community level (e.g., street drug market dynamics), and at the individual level (e.g., injection practices, beliefs and cultural norms). Dr. Ciccarone's research is further described in his 2014 paper on the relationship between US heroin market dynamics and heroin-related overdose in the journal *Addiction* (109)11:1889-98).

**Dr. Nwando Olayiwola** received a 15 month award from the Blue Shield of California Foundation to conduct an observational study that will assess the level of understanding and potential interest of patients, families, and caregivers in engaging in an electronic consultation model of specialty care delivery.

**Dr. Wolf Mehling** has received two study grants, both of which started February 1st 2015. The first is from the UCSF Pepper Center and Tideswell at UCSF for a pilot study of paired integrative home exercise intervention for seniors with dementia and their caregivers. The second is from the Osher Center Sonoma County Foundation which will provide supplemental funds for the same study to include Near-Infrared Spectroscopy (NIRS) measures for prefrontal brain oxygenation during a verbal fluency task as an exploratory secondary outcome measure.

**Rachel Willard-Grace** and **Dave Thom** received additional $45,000 from the Moore Foundation to disseminate the health coaching model used in the Health Coaching in Primary Care study. Two sights have been selected to receive in depth training and support: La Clinica in Oakland and Hill Country Community Center in rural Shasta County.

**Dr. Nwando Olayiwola** and **Dr. Thomas Bodenheimer** received funding from the California HealthCare Foundation to study and report on the role of the registered nurse in primary care transformation.
 Updates

**UCSF Primary Care Research Fellowship (PCRF)**

Unfortunately the family medicine resident we had accepted into the Primary Care Research Fellowship to start in July of 2015, Dr. Alida Gertz, decided to withdraw at the beginning of this year. We were not able to replace her with another family physician, so Dr. Anjana Sharma will continue to bear the torch for family medicine within the fellowship. We are currently recruiting fellows to start in July of 2016. If you know of any family physicians, typically current second year residents, interested in pursuing a research-oriented career, please let Dave Thom know.

**Center for Excellence in Primary Care (CEPC)**

- Check out the new CEPC website [here](#).
- The Blue Shield of California Foundation recently awarded CEPC (along with the Center for Innovation in Access and Quality) $247,000 to better understand the role of patients, their caregivers, and their families in electronic consultation systems. Dr. Nwando Olayiwola will lead this research with Dr. Delphine Tuot. Read more [here](#).
- With funding from the Blue Shield of California Foundation, the CEPC has launched the Facilitating Care Integration website for Community Health Centers and other safety net primary care providers seeking strategies and best practices for integrating primary care with components of the medical neighborhood. Check out the website [here](#).
- The CEPC has completed its third annual survey of providers and staff in more than 20 primary care sites across 3 systems in San Francisco. Led by Dr. Kevin Grumbach, the System Transformation Evaluation Survey (STEP) monitors provider and staff well-being, their experience of team-based care, and their capability to take on new roles in team-based care models.

**San Francisco Bay Collaborative Research Network (SFBayCRN)**

Dr. Michael Potter, Director of the SFBayCRN was awarded a $50K pilot grant from UCSF’s Clinical and Translational Science Institute to establish the UCSF Hypertension Data Collaborative to develop a searchable clinical data repository that can accept and integrate de-identified data related to hypertension from the three most common electronic health records systems (Epic, eClinicalworks, and NextGen) and make this data accessible to members of the Collaborative for quality improvement and practice-based research. The Collaborative will initially include the Redwood Community Health Coalition, the Contra Costa Health Services and the San Francisco Health Network. Learn more [here](#).
Upcoming Seminars
January 2015—January 2016
Third Friday of each month, 10:30 am - 12:00 pm

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<tr>
<th>Month</th>
<th>Topic</th>
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<tr>
<td>January</td>
<td>Validation of a Measure of Back Pain</td>
<td>Wolf Mehling, MD, Associate Professor</td>
<td>Parnassus MU3E Rooms 314/316</td>
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<td>February</td>
<td>Impacts of Medical Marijuana on Youth and Young Adults</td>
<td>Joanne Spetz, PhD, Professor-in-Residence</td>
<td>SFGH Building 80, Ward 83</td>
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<td>March</td>
<td>Health Coaching for Patients with Uncontrolled Cardiovascular Risk Factors: 24 Month Follow-up Results</td>
<td>Anjana Sharma, MD, Fellow</td>
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<td>April</td>
<td>Patient Decision-Making with Health Coaches: A Qualitative Study</td>
<td>David Thom, MD, PhD, MPH</td>
<td>SFGH Building 20, Room 2202 (PRIME Conference Room)</td>
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<td>May</td>
<td>Shorter, Sicker Lives: The US Health Disadvantage Relative to Other Affluent Countries</td>
<td>Paula Braveman, MD, Professor</td>
<td>Parnassus MU3E Rooms 314/316</td>
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<td>June</td>
<td>A Qualitative Study to Assess the Role of Patients in Electronic Consultation and Referral (eCR) Systems</td>
<td>J. Nwando Olayiwola, MD, MPH</td>
<td>SFGH Building 20, Room 2202 (PRIME Conference Room)</td>
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<td>September</td>
<td>Self-Management Support for Patients with Diabetes</td>
<td>Danielle Hessler Jones, PhD</td>
<td>SFGH Building 20, Room 2202 (PRIME Conference Room)</td>
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<td>November</td>
<td>Social Care Coordination in Safety Net Pediatric Health Care Settings: RCT Outcomes and Reflections</td>
<td>Laura Gottlieb, MD, MPH, Assistant Clinical Professor</td>
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<td>December</td>
<td>SFBayCRN Hypertension Collaborative</td>
<td>Michael Potter, MD, Professor</td>
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<td>January</td>
<td>The Centering Model for Group Medical Visits</td>
<td>Larissa Duncan, PhD</td>
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Focus On:
Michael Potter, MD, MPH

Mike Potter, MD has been a faculty member in our department since 1994. Dr. Potter is Director of the San Francisco Bay Area Collaborative Research Network (SF Bay CRN), a primary care practice-based research network that provides consultation and leadership to develop mutually beneficial research partnerships between UCSF faculty and community-based clinicians or healthcare organizations.

In his own research, Dr. Potter focuses on the development and evaluation of primary care interventions that increase access to essential preventive services and chronic illness care.

A primary example of his work is a randomized controlled trial that showed rates of colorectal cancer screening were substantially increased when linked to flu shots. Dr. Potter implemented this find in the nationally recognized FLU-FIT and FLU-FOBT Program. Learn more about this program here.


Sun X, Shu X, Zong Z, Mao J, Sun Y, Hearst N. **Unmet sexual and reproductive health needs of women aged 50 to 64 years in rural China.** Menopause. 2014 Oct 27. [Epub ahead of print].


Mahoney M, Weber S, Bien M, Saba G. **"I have it just like you do": voices of HIV-negative partners in serodifferent relationships receiving primary care at a public clinic in San Francisco.** AIDS Care. 2015 Mar;27(3):401-8.


Mehling WE, Avins AL, Acree MC, Carey TS, Hecht FM. **Can a back pain screening tool help classify patients with acute pain into risk levels for chronic pain?** Eur J Pain 2014 Nov 10 [Epub ahead of print].


Bornemann B, Herbert BM, **Mehling WE**, Singer T. Differential changes in self-reported aspects of interoceptive awareness through 3 months of contemplative training. Front Psychol. 2015 Jan 6;5:1504.


